HONORABLE PEST CONTROL

PRINTABLE CHECKLIST

Tick bite watch checklist

Start the day you find the tick. Keep it on the fridge for 30 days.

DAY 1

- [ ] **Take it off now.** Clean fine-tipped tweezers, close to the skin, steady, even pressure.
- [ ] **Wash up.** Clean the bite and your hands with soap and water.
- [ ] **Save the tick.** Sealed container or alcohol. Don't crush it.
- [ ] **Write it down.** The date, and where you picked it up. Tell your doctor both.
- [ ] **Get it ID'd free.** Email a photo to MDHHS-Bugs@michigan.gov.

SIGNS OF A TICK BITE, UP TO DAY 30

- [ ] **The bump.** Common right away. Generally gone in a day or two.
- [ ] **A rash that grows.** Spreading over several days.
- [ ] **Fever or chills.** May show up even with no rash.
- [ ] **Aches and tiredness.** Headache, tiredness, sore muscles or joints.

CALL YOUR DOCTOR IF

- [ ] **Fever, rash, aches or other symptoms.** Within a month of the bite (MDHHS).
- [ ] **It was on a long time.** You think it was attached over 24 hours.

Based on the CDC, MDHHS and MSU Extension.

From our guide **What does a tick bite look like? Day 1 to day 30**
honorablepestcontrol.com/blog/tick-bite/

Questions? Call
(734) 519-6671